

## Pre-Camp Mental, Emotional, and Social Health Declaration

Mental, Emotional, and Social Health (MESH) includes a wide range of issues including our emotional health, our ability to form and maintain relationships, and traditional mental health disorders. Challenges with a participant's mental, emotional, or social health can occur anywhere and at any time. Scout activities — including long-term camps — can place stress on Scouts, camp staff, and adult leaders, which can potentially cause a crisis.

Full name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

In case of emergency, notify the person below:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_

Home phone: \_\_\_\_\_ Other phone: \_\_\_\_\_

Alternate contact name: \_\_\_\_\_

Alternate's phone: \_\_\_\_\_

Yes  No The participant takes *any* medication daily. Note: ***All medication brought to camp must be labeled and in its original prescription bottle. These medicines must be listed on the medical form.***

\_\_\_\_\_ By initialing, I acknowledge that it is the policy of the camp that individuals will not take a "medication holiday" while attending a long-term camp. This is for the good of the participant, other campers, and staff.

Participant's signature: \_\_\_\_\_

Parent/guardian signature for youth: \_\_\_\_\_

Date: \_\_\_\_\_